



College-2-Career Preparation & Readiness Resource Roadmap

ACTIVITY/LESSON TITLE: **LEADERSHIP: COLLEGE & BEYOND**

TIME: 2.5 HOURS

STUDENT LEARNING GOALS:

1. Increase their self-knowledge of how they respond to conflict, their preferred styles of motivation, sources of stress and problem solving
2. Understand and apply methods of conflict resolution
3. Better understand how to work in groups of varying leadership styles
4. Understand how leadership can influence their future college and career choices

PROCEDURES/LESSON SEQUENCE:

Step 1: Lesson opening: Students will be provided an opening prompt/question designed to stimulate a conversation on the leadership and various impacts on their lives

Step 2: Students will be led through an introductory session of leadership definitions and styles

Step 3: Students will participate in an experiential learning activity (DiSC, MBTI, etc.) to aid in determining their individual leadership styles and preferences

Step 4: Students will participate in an experiential learning activities simulating potential collegiate scenarios and exploring how different leadership styles and preferences impact the outcomes.

Step 5: Students will be led in an interactive discussion centering on how leadership impacts their college experiences as well as their future career choices

Step 5: Lesson will conclude with a group discussion and instructor led reflection session

TECHNOLOGY/SUPPLIES:

1. Facilitator: May require A/V access to computer and projection system if on-line simulations will be used.
2. Students: Paper, pen or pencil

RECOMMENDED RESOURCES/MATERIALS (AS APPLICABLE):

1. DiSC personal profile system
2. MindTools Explore Your Potential Checklist
3. Leadership (Intermediate & Advanced) exercises – University of Tennessee 4-H and Cooperative Extension
4. Alaska Beyond – Alaska Airlines Magazine, Horizon Edition, December 2015

5. Developing Leadership Capacity in College Students: Findings from a National Study – Multi-Institutional Study of Leadership (facilitator preparation)
6. Teaching and Learning: Using Experiential Learning and Reflection for Leadership Education (facilitator preparation)

Web Resource(s):

1. **Myers Briggs Types Indicator (MBTI) – Free online assessment with career match**

SUGGESTED EXPERIENTIAL LEARNING/REFLECTION QUESTIONS:

1. What are your college or career plans?
2. How does leadership styles impact your college plans? Career plans?
3. Why does it matter if others learn or operate differently than you do?
4. How will you use that information to your benefit?
5. How did learning about your leadership style change your outlook on the way you approach challenges?
6. How can you use what you've discovered today to make you a better leader?
7. How does this impact your college or career decisions?
8. Will you do anything differently based on today's experiences? How?
9. What can you do differently as soon as you leave this class?

Cross-Over Activities/Lessons (*as applicable*):

Critical Thinking, Communication, Experiential Learning, Reflection & Critical Thinking, Culture, Diversity

Notes or Supplemental Information: